RBT Competency Checklist – 2026 Edition

Instructions: Track your progress in each domain. Check off each item as you review, practice, or master it. Use the notes column to record observations or questions.

Domain	Competency / Task	Reviewed	Practiced	Self-Test Completed	Notes
Measurement & Data Collection	Understand data collection methods (frequency, duration, interval)	☐	☐	☐	
	Accurately collect and record data	☐	☐	☐	
	Graph and analyze client data	☐	☐	☐	
Assessment	Conduct preference assessments	☐	☐	☐	
	Collect baseline data	☐	☐	☐	
	Assist in functional behavior assessments	☐	☐	☐	
Skill Acquisition	Implement skill acquisition plans	☐	☐	☐	
	Use prompting & fading correctly	☐	☐	☐	
	Conduct discrete trial training & natural environment teaching	☐	☐	☐	
Behavior Reduction	Identify target behaviors	☐	☐	☐	
	Implement behavior reduction interventions	☐	☐	☐	

	Use reinforcement & consequences appropriately	☐	☐	☐	
Documentation & Reporting	Complete session notes & data sheets	☐	☐	☐	
	Report client progress accurately	☐	☐	☐	
	Maintain confidentiality & ethical documentation	☐	☐	☐	
Professionalism & Ethics	Follow RBT ethics code	☐	☐	☐	
	Communicate professionally with supervisors & families	☐	☐	☐	
	Participate in supervision & training	☐	☐	☐	

Optional Notes / Observations:

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